

TRANSITION CHECKLIST

(Steps for Ages 16-17)

Age 16:

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- Get a Colorado ID from the Department of Motor Vehicles
- Discuss jobs & take opportunities to shadow. Consider SWAP for work support
- Begin to teach meal preparation, shopping, and kitchen safety
- Grow in independence by ordering for themselves at a restaurant, making appointments, etc. as able
- Learn to use phone, email, social media, etc. safely and responsibly
- Learn address and phone numbers and what to do in an emergency
- Consider/discuss Inclusive Higher Education and visit campuses
- Encourage youth to direct more personal care, as able
- Discuss management of & ability to communicate diagnoses and needs

Age 17:

- Begin to ask case managers about adult waivers. Ask for a waiver chart
- Open a bank account with the primary caregiver's name on the account
- Discuss with your IEP team, if the transition program is an option
- If IDD, schedule the Supports Intensity Scale to determine budget for services
- Ask medical providers when they transition to adult care-create a plan
- Discuss with youth about future goals, living arrangements, work, etc.
- Learn about Program Approved Services Agencies that provide HCBS services
- Consider Guardianship, Power of Attorney, and/or Supported Decision Making

TRANSITION CHECKLIST

(Steps for Age 18)

Age 18:

- Register to vote
- If a male, sign up with selective services
- Apply for an Adult HCBS waiver with Case Management Agency.
- Meet with case manager to ask about services under the chosen HCBS waiver
- Explore and visit adult day programs and get on wait list, if appropriate
- Apply for Supplemental Security Income, if not already receiving
- Create a room and board document to agree on rent
- Get wisdom teeth out, new equipment, etc before Medicaid EPSDT ends at 21
- Open an ABLE account and/or Special Needs Trust

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Glossary of Terms

- IDD-Intellectual and Developmental Disability
- HCBS-Home and Community Based Service Waiver
- SWAP-Division of Vocation Rehabilitation School to Work Alliance Program
https://www.cde.state.co.us/cdesped/ta_swap
- EPSDT-Early Periodic Screening Diagnostic and Treatment-Medicaid's children's benefit
- ABLE- <https://www.coloradoable.org>

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